

# WOULD YOU LIKE TO FIND OUT MORE ABOUT OUR ADULT WEIGHT MANAGEMENT SERVICE?

One You East Sussex a key provider of free adult weight management support within East Sussex

Would you like to find out more about the service? Do you have questions regarding the different options available, the behaviour change coaching we provide, the topics we cover, referral routes and success rates?

Join us for a one-hour webinar to find out the answers to these questions, plus any others you may have about our effective adult weight management service. Our Adult Weight Management Service Lead will take a deep dive into all aspects of the service, followed by an open question and answer session.

This session is aimed at all healthcare and community professionals who would like to build their knowledge about proven methods to support adult weight management and how to refer into our specialist tier 2 level service.

The webinar will take place online via MS Teams on

**THURSDAY 13TH NOVEMBER, 1PM - 2PM**

Click [HERE](#) to sign up

Spaces are limited and you can reserve yours via Eventbrite

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